

Green curd cheese

with hardboiled egg and jerky strips



Appetizer

To make the green curd cheese ...

Place the herbs, curd cheese, mustard, honey and garlic into a blender and puree until smooth. Add pepper and lemon juice to taste.

Jerky strips and eggs ...

Cut the jerky into very thin strips and hardboil the eggs (5–6 minutes). Pan toast the baguette in butter until golden brown.

Ingredients to serve 4

1 bunch of green mixed herbs	A few squirts of lemon juice
250 g of curd cheese	60 g jerky
1 TSP of mustard	5 eggs
1 TSP of honey	4 slices of baguette
½ garlic clove	Butter for pan searing
Freshly ground pepper	

Nutrition value

Energy	306 kcal
Carbohydrates	9 g
BE	0.7
Protein	27 g
Fat	18 g
Potassium	404 mg
Phosphate	365 mg
Sodium	231 mg
Water	126 ml

All nutritional information per serving.
This corresponds to ¼ of the total recipe.

